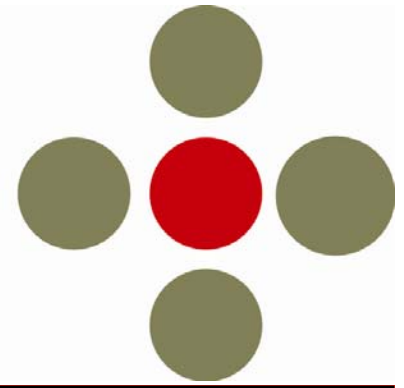


heartbeat



September 2008

Papakura Spring Carnival "The best of Town and Country"

Papakura Spring Carnival is coming up fast.

For those who want their staff wearing our great Spring Carnival t-shirts make sure you get your order in by September 5th, cost \$25.00 each, contact dbrooke@papakura.govt.nz
Advertising of the Spring Carnival has started so make sure you and your staff are prepared for the day. Start off your day with a Spring Carnival Brekkie from 8am-9am outside Farmers for your free coffee and muffin!

Spring Carnival posters (A3 size) are available for your store window so place your orders by emailing dbrooke@papakura.govt.nz

Let's get baking



The New World Bake-Off is a great addition to the Spring Carnival, and it's open to everyone. Get baking for the competition and maybe win the \$250 prize. Above, Bake-Off convenor Nicky Hayow and sponsor Sharon Young get a head start on their own masterpieces. Entry forms available at New World Papakura or by contacting Ali on 295 2337 or email abain@papakura.govt.nz

Getting with the programme

The first year of the new Stevenson Business Excellence Programme is about developing business capability through a series of workshops and an optional free business health check, with the second year focussing on entries into the Stevenson Business Excellence Awards. Workshops for the Stevenson Business Excellence programme provide businesses will give businesses the chance to take an objective look at how they are doing and where improvements could be made. If you want your business to benefit from the programme, fill out an expression of interest form (available online at www.bestbiz.co.nz) and return it to us by 5 September.



It's In The Bag

For a premium of between one and five cents, retailers can make an environmental statement by offering biodegradable plastic bags. They are made from a sustainable resource and if your business wants to improve your green record they are a good start!

For more information www.elldex.com

Essential pampering for Miss World NZ

Franklin District's Kahurangi Taylor was crowned Miss World NZ in May 2008 in competition with 18 other young women from around New Zealand. Later this month, she will represent New Zealand at the Miss World 2008 Beauty Pageant in the Ukraine. Papakura businesses have pitched in to help her attain the premier title.

All Essentials have been asked to do a series of Skin Treatments for Kahurangi amongst other things before she jets off to the Ukraine to compete with girls from all over the world.

Golden Gowns in Averill Street is sponsoring Kahurangi by designing and manufacturing a dress for her to wear for the final worth \$3,000. Ankia has been in the design and dressmaking industry for ten years both here and in South Africa. She has judged beauty pageants in both countries.

Foot Mechanics 118 Great South Road Papakura

Phone: 09 296 1966

Fax: 09 296 2966

Walking is the most basic of all physical activities.

As you walk, each step forces about 1.5 times your body weight onto your feet. Even small foot problems can develop into big problems if not identified and treated early.

Foot Mechanics prevent and treat foot and leg problems related to walking.

They are New Zealand's largest provider of podiatry services and

recently opened a flagship clinic in Papakura. Katie Simpson, Foot Mechanics Podiatrist at Papakura says it is important that people lead active lifestyles. She has helped many people who have given up on exercise due to the pain in their legs or feet by prescribing orthotics to help reduce and or eliminate their pain. The orthotic realigns the foot and restores the normal mechanics to the body. They are effective in treating 80% of all lower limb problems.

The Foot Mechanics clinic at 118 Great South Rd, next to United Water, is a state of the art Podiatry clinic never before seen in New Zealand. Papakura's Mayor Calum Penrose will officially open Foot Mechanics Papakura later this month. To celebrate this occasion Foot Mechanics have offered a 50% discount on consultation fees to all Papakura District rate payers for the month of September. Just bring in your current rates bill to qualify for the discount. Check out www.footmechanics.com



Welcome to Papakura Town Centre

- Pumpkin Patch
- Vaddhi Haveli
- Foot Mechanics
- One Red Chilli - new owners

Workshops and events

Free workshop

Visual Merchandising

September 10

10am –3.30pm

Function Room in Accent Point

Contact Donna Brooke now to book your space

The Christmas Gift Fair is on 5-7 October at ASB Show Grounds. Trade Only.

First Wednesday Club

3 September

Boodles Restaurant and Bar (Cash bar)

5.30pm - 6.30pm

Papakura Business Breakfast

4 September

Papakura Club, Croskery Road

7.30am - 9.00am

Speaker: Donald Moore, Fonterra

Towns & Cities New Zealand Conference

25 September

Copthorne Hotel, Quay Street

Ph: (09) 846 1015 Email:

karen@towncentredevelopment.co.nz

Security update

Papakura Community Crimewatch Patrols is a group of residents willing to give some of their time and take a little bit of responsibility within their own community by helping the Police to make our community safer.

The volunteers patrol the streets of Papakura with two people in a car, during the day or night, acting as 'eyes and ears' for the Police and the community.

They are able to actively patrol six days a week with day and night patrols with each patrol is doing a three hour shift.

Community Crimewatch have great support from sponsors, large and small who in their own way contribute to our operational costs. If you would like to contribute to this volunteer organisation you can do this by contacting Carol at the Papakura District Council 295-2319 or cdickson@papakura.govt.nz